

BOAZ B. FELDMAN, BBA, MSc, PgD

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PSYCHOLOGIST, RESEARCHER & SOCIAL INNOVATOR

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PROFILE

"The success of the intervener depends on their inner condition."

Transdisciplinary clinical psychologist, trainer and researcher with international expertise in mindfulness and trauma methodologies for psychosocial resilience in diverse settings (e.g. universities, organisations, clinics, local communities). Specific interest in building safe and brave multi-level relational and organisational cultures supporting healing, learning, flourishing and performance. In-depth knowledge of individual and group therapy, training engineering, protocol development, research assessment and participatory evaluation.

EDUCATION

Research Scholar - Harvard University, Graduate School of Education - USA Starting 2024
Research Project: **Youth IMPACT: Interdisciplinary Methods for Psychosocial Agency & Civic Transformation**

Post-graduate Diploma (PgD) in Buddhist Studies - Universities of South Wales & Sunderland - Online 2023
First class honours. Buddhist psychology specialisation with Prof. Shaw (Oxford University) as personal tutor.

Master of Science (MSc) in Integrated Clinical Psychology - University of Geneva - Switzerland 2020
First class honours. Research thesis: Clinical trial comparing compassion meditation & cognitive reappraisal.

Bachelor of Science (BSc) in Psychology - University of Derby - UK 2016
First class honours. Specialisation in affective sciences, psychopathology & developmental trauma.

Post-graduate Diploma in Somatic Experiencing Trauma Counselling - Polarity Institute - Switzerland 2012
400-hour somatic-centred trauma healing training, supervision & personal therapy (80+ hours).

Bachelor of Business Administration (BBA) - Trent University - Canada 2006
First class honours. Academic scholarship. President's honour role. Chiang Mai University (Thailand) Erasmus.

ACADEMIC PAPERS

Feldman, B. & Santolini, M. (2024). *Multi-Level Resilience Building: a Residential Pilot Study.* Working Paper.

Feldman, B. & Herrmann (2024). *Field Theory Practices for Restorative Justice.* In M. Winn & T. Winn (Eds) *An Encyclopedia of Social Justice in Education.* Bloomsbury Publishing. Working Paper.

Feldman, B. & Santolini, M. (2024). *Many Selves: A Multi-Level Perspective on Inner Experiences to Change the World.* In E. Egel & M. Suarez (Eds) *Inner Development Goals: Stories of Collective Leadership in Action.* De Gruyter Publishing. Working Paper.

Feldman, B., Tupikina, L., & Santolini, M. (2023). *Integrating Developmental and Multi-Level Approaches in Somatic Process Group: Insights from a Relational Embodiment Residency.* [Pre-print.](#)

PROFESSIONAL EXPERIENCE (RECENT)

Education Ambassador - Harvard Clinical & Translational Science Center - Cambridge, USA Sep 2024 - Present
Assisting in disseminating Harvard Catalyst education, digital learning and training programs.

Research Affiliate - Learning Planet Institute - Paris, France Jan 2024 - Present
Researching contemplative and participatory action-research approaches for relational wellness.

Research Co-Lead - Inner Development Goals - Switzerland, Sweden & Online Sep 2023 - Present
Swiss and global team-leading to conduct a Delphi assessment process for the IDG categories & competencies.

Research & Capacity Building Lead - Life Itself Research - France & Online May 2023 - Present
Team-leading to map the emerging field of "Deliberately Developmental Spaces" & coalesce systemic resilience.

Residency Organiser & Trainer - [Life Itself](#) - France Mar 2023 - Present
Facilitating introspective and interpersonal practices for individual and systemic resiliency-building.

Neuro-Dharma Retreat Leader - [Terre d'Eveil](#) - France & Online June 2020 - Present
Teaching 1-2 week-long residential and online silent vipassana with neuroscientific approaches.

Founder, CEO & Lead Trainer - [NeuroSystemics](#) - Online & Istanbul, Turkey Sep 2019 - Present
Organisational & training lead disseminating professional multi-level community-based clinical trainings, including clinical program & methodology engineering, team coordinating, training and supervising worldwide.

Mindfulness Trainer - [City of Geneva & Carouge](#) - Switzerland Jan 2017 - Present
Training city staff, managers & officials in self-care, wisdom & mindful leadership skills.

Clinical Psychologist - [Private Clinic](#) - Geneva, Switzerland & International Sep 2012 - Present
Outpatient clinical care for individual & group somatic & systemic psychotherapy, including clinical supervision.

Somatic & Social Mindfulness Community Group - [Bodhi College](#) - Online (Global) Mar 2022 - Jul 2023
Academic program engineering, meditation practice guiding & community leadership.

Mindful Lawyer Trainer - [Geneva & Vaud Law Barristers](#) - Switzerland Sep 2016 - Oct 2023
Annual resilience & integrative mental health training for lawyers & judges with Prof. Chappuis (Univ. Geneva).

Community-Based Resiliency & Empowerment Trainer - [Sanchild](#) - Bosnia & Switz. Jan 2020 - Dec 2020
Co-Leading Training of Trainers (ToT) incubator programs, keynote speaker & eco-protection policy developer.

Group Somatic Psychotherapist - [Otium Center](#) - Geneva, Switzerland & Online Jun 2018 - Sep 2023
Facilitating weekly psychosocial support groups for cancer-affected patients in an integrative care centre.

Emergency Clinical Expert - [Médecins Sans Frontières](#) - Burkina Faso & international Mar 2019 - June 2019
Readily providing psychosocial support systems for 150 staff in 3 different cities in conflict-affected regions.

Mindful Child-Protection Program Lead - [Caritas Austria](#) - Ukraine, Romania & Moldova Jan 2017 - Jun 2019
Project engineering & supervising a team of trainers in a 2.5-year community-based child-protection training.

Trauma Clinical Trainer - [Organic Intelligence Training Institute](#) - Turkey & Switzerland Oct 2016 - Sep 2019
Lead European faculty teaching 400h professional clinical trauma healing trainings for individuals & groups.

Visiting Lecturer - [Trinity College University](#) - Dublin, Ireland Sep 2016 - Jun 2019
Teaching Mindful Leadership (resilience, socio-emotional skills & somatic decision-making) for MBA candidates.

Co-Lead Clinical Trainer - [Ulex](#) - Eroles, Spain Dec 2017
Training a global cohort of activists in resiliency, nervous system regulation and burnout prevention.

Somatic Experiencing Assistant - [Ireland Somatic Experiencing](#) - Belfast, Ireland Sep 2015 - Feb 2017
Assisting SE faculty in 3-year SE training & giving individual SE sessions

Trauma Counselling Trainer - [International Medical Corps](#) - Kabul, Afghanistan Jan - Apr 2015
Self-care systems, 1:1 & group therapy capacity-building for Kabul MH hospital psychiatrists & psychologists.

Expert Reviewer - [World Health Organisation](#) - Geneva, Switzerland Sep - Oct 2014
Self-help Mindful Psychological First Aid protocol development & evaluation for humanitarian emergencies.

Mental Health & Psychosocial Support (MHPSS) Trainer - [InterSOS](#) - Myitkyina, Myanmar May - Oct 2014
Training of Trainers for psychologists working in IDP camps for assessments, intervention & impact evaluation.

Staff Welfare Trainer - [United Nations OCHA](#) - Geneva, Switzerland Apr 2014 - Aug 2014
Mindful self-care & burnout prevention training presentations for UNOCHA field officers and psychologists.

Project Lead, Trainer & Researcher - [AHEAD](#) - Online & Kabul, Afghanistan Nov 2013 - Apr 2015
AHEAD: Afghanistan Health & Education for Autonomous Development - Psychosocial Training of Trainers.

COMPLEMENTARY TRAINING (RECENT)

Mindfulness-Based Cognitive Therapy (MBCT-MBSR) Training - Bangor/Oxford University - UK 2012 - Present
Multi-year experiential Teacher-Training Pathway & supervision for MBSR-MBCT protocols.

Mindfulness Retreats - Insight Meditation Society (USA), Gaia House (UK), Shwe-oo (Myanmar) 2006 - Present
Over 7 years of compounded cross-cultural silent retreat experience, also as an ordained Buddhist monk.

Mentalization: From Theory to Clinical Practice - University of Geneva - Online 2022
6-week clinical intervention training combining psychodynamics, mindfulness, theory of mind & compassion.

Buddhist Meditation Teacher Training - Bodhi College - UK 2022
4-year experiential Teacher-Training Pathway and supervision to lead Buddhist meditation retreats & courses.

Theatre of the Oppressed - Théâtre de l'Opprimé & Haute Ecole de Travail Social - France & Switz. 2019-21
Participatory theatrical training including somatic, systemic & structural dynamics with humor & playfulness.

Group Psychotherapy Supervision - Prof. Irvin Yalom - Online 2018-2019
Personal study & clinical case consultations & with Stanford Univ. author & group psychotherapy expert.

Specific Affect Coding System (SPAFF) - University of Geneva - Switzerland 2018-2020
80-hour multimodal training to code multicultural affective responses in dyadic conversation.

Facial Action Coding System (FACS) - Paul Ekman Institute – Online 2015
1-year experiential modules to identify emotional facial expressions & non-verbal cues.

CONFERENCES (RECENT)

Nervous System Regulation for Group Psychotherapy - American Group Psychoth. Assoc. (AGPA) - Online 2025

Nervous System Approaches for Resilient Community Living- [Community Studies Assoc. \(CSA\)](#) - Online 2024

Somatics for Resilient Group Psychotherapy - [US Ass. for Body Psych. \(USABP\)](#) - Online 2024

Somatic Practices for Group Psychotherapy - [American Group Psychotherapy Ass. \(AGPA\)](#) - Online 2024

Somatic-Relational Practices for Difficult Climate Conversations - [Inner Development Goals](#) - Caux, Swit. 2024

Rediscovering Urban Resilience - [Amsterdam Institute for Adv. Metropolitan Solutions](#) - Amst., Netherl. 2024

Cultivating Meaningful Collaboration - [Lemanic Hub, Inner Development Goals](#) - Lausanne, Switz. 2024

Nervous System Approaches for Resilient Community Living - [Int. Communal Studies Ass.](#) - Online 2024

Relational Alliance-Building through Somatic Attunement - [US Ass. for Body Psych. \(USABP\)](#) - Online 2023

Contemplation: Meditation for Lawyers - [Geneva Bar Association](#) - Geneva, Switzerland 2023

Meditation & Action - [Swiss Lawyers' Federation Annual Conference](#) - Lucern, Switzerland 2023

Somatic Embodiment in Group Psychotherapy - [American Group Psychotherapy Ass. \(AGPA\)](#) - Online 2023

Somatics in Group Psychotherapy - [US Association for Body Psychotherapy \(USABP\)](#) - Online 2022

Social Somatics: Group Psychotherapy as Collective Embodiment - [Somatic Experiencing Int.](#) - Online 2021

From Neurons to Nations: Regulation for the Benefit of All Beings - [Psych Live Podcast](#) - Online 2021

Evolutionary Clinical Science for Integrative Mental Health Care - [Koç University](#) - Online 2021

Systemic Somatics for Individuals, Groups & Communities - [US Ass. for Body Psych. \(USABP\)](#) - Online 2021

Trauma & Community-Building Processes - [Helena Walsh Empowerment Studios](#) - Dublin, Ireland 2019

Meditation & Mediation - [Swiss Chamber for Commercial Mediation](#) - Geneva, Switzerland 2018

Compassion for Conflict Resolution - [Univ. of Geneva Compassion & Conflict Lab](#) - Geneva, Switzerland 2018

Trauma First Aid in Emergency Response - [Geneva Police Psychological Response Unit](#) - Geneva, Switz. 2017

Mindfulness-Based Burnout Prevention - [Geneva University Hospital \(HUG\)](#) - Geneva, Switzerland 2016

LANGUAGES

French & English: Fluent (mother tongues); **Portuguese:** Advanced (C1); **German & Thai:** Intermediate (B1).

PROFESSIONAL AFFILIATIONS

Féd. Suisse des Psych. (FSP) - American Group Psych. Ass. (AGPA) - United States Ass. For Body Psycho (USABP)