

BOAZ FELDMAN, MSc, PgD

PSYCHOLOGIST, RESEARCHER & SOCIAL ENTREPRENEUR

Chemin des Tines 8
1260 Nyon, Switzerland

+41789640506, bf@boazfeldman.com, orcid.org/0009-0002-9987-8472
www.boazfeldman.com, www.neurosystemics.org

PROFILE

"The success of the intervener depends on their inner condition."

Transdisciplinary clinical psychologist, trainer and researcher with international expertise in Mindfulness and trauma methodologies for integrative care and psychosocial resilience in diverse settings (e.g. universities, organisations, clinics, local communities). Specific interest in building safe, trusting relational and organisational cultures supporting learning, wellness and efficiency. In-depth knowledge of individual and group therapy, training engineering, protocol development and evaluation. Excellent capacity to lead, analyse and problem-solve complex multi-level systems, simplify and communicate solution-oriented strategies.

EDUCATION

Doctorate of Philosophy (PhD) in Psychology - Harvard University & Univ. of Zurich - USA & Switz. Exp. 2028
Harvard Graduate School of Education & UZH Faculty of Medicine. Visiting scholar: Cambridge University. Thesis topic: Implementation Science & Participative Action Research for Multi-Level Public Mental Health

Post-graduate Diploma (PgD) in Buddhist Studies - Universities of South Wales & Sunderland - Online 2023
First class honours. Specialisation in Buddhist psychology with Prof. Shaw (Oxford University) as personal tutor.

Master of Science (MSc) in Integrated Clinical Psychology - University of Geneva - Switzerland 2020
First class. Research thesis on a clinical comparison of compassion & cognitive reappraisal.

Bachelor of Science (BSc) in Psychology - University of Derby - UK 2016
First class honours. Specialisation in affective sciences, psychopathology & developmental trauma.

Post-graduate Trauma Counselling Diploma in Somatic Experiencing - Polarity Institute - Switzerland 2012
400-hour somatic-centred trauma healing training, supervision & personal therapy (80+ hours).

Bachelor of Business Administration (BBA) - Trent University - Canada 2006
First class honours. Academic scholarship. President's honour role. Chiang Mai University (Thailand) Erasmus.

ACADEMIC PAPERS

Feldman, B. B., Tupikina, L., & Santolini, M. (2023). *A developmental and multi-level frame for somatic practice: from neuron to nation.* Pre-publishing.

PROFESSIONAL EXPERIENCE (RECENT)

Research Lead - Life Itself Institute - France & Online May 2023 - Present
Team-leading to map the emerging field of "Deliberately Developmental Spaces" & coalesce systemic resilience.

Residency Organiser & Trainer - Life Itself Institute - France Mar 2023 - Present
Facilitating introspective and interpersonal practices for individual and systemic resiliency-building.

Somatic & Social Mindfulness Community Group - Bodhi College - Online (Global) Mar 2022 - Present
Academic program engineering, meditation practice guiding & community leadership.

Neuro-Dharma Retreat Leader - Terre d'Eveil & NeuroSystemics - France & Online June 2020 - Present
Teaching 1-2 week-long silent retreat of contemplative skills training with neuroscientific approaches.

Founder, CEO & Lead Trainer - NeuroSystemics - Global/online, Turkey Sep 2019 - Present
Organisational & training lead disseminating professional multi-level community-based clinical trainings, including clinical program & methodology engineering, team coordinating, training and supervising worldwide.

Mindfulness Trainer - City of Geneva & Carouge - Switzerland Jan 2017 - Present
Training city staff, managers & officials in self-care, wisdom & mindful leadership skills.

Mindful Lawyer Trainer - Geneva & Vaud Law Barristers - Switzerland Sep 2016 - Present
Annual resilience & integrative mental health training for lawyers & judges with Prof. Chappuis (Univ. Geneva).

Clinical Psychologist - Private Clinic - Geneva, Switzerland & International Sep 2012 - Present
Outpatient clinical care for individual & group somatic & systemic psychotherapy, including clinical supervision.

Empowerment Forum Consultant - Empowerment Studios - Online (Global) Mar 2021 - May 2022
Leading community workshops for embodiment, resiliency & empowerment on various psychosocial issues.

Community-Based Resiliency & Empowerment Trainer - Sanchild - Bosnia & Switz. Jan 2020 - Dec 2020
Co-Leading Training of Trainers (ToT) incubator programs, keynote speaker & eco-protection policy developer.

Group Somatic Psychotherapist - Otium Center - Geneva, Switzerland & Online Jun 2018 – Sep 2023
Facilitating weekly psychosocial support groups for cancer-affected patients in an integrative care centre.

Residency Organiser & Leader - Life Itself Institute - France Mar 2023
Facilitating introspective and interpersonal practices for individual and systemic resiliency-building.

Child Protection Trainer - SOS Children Villages International - Vienna, Austria May 2019
Mindfulness Expert counselling & speaking for low-income & conflict-affected regions in over 25 countries.

Emergency Clinical Expert - Médecins Sans Frontières - Burkina Faso & international Mar 2019 - June 2019
Readily providing psychosocial support systems for 150 staff in 3 different cities in conflict-affected regions.

Co-Lead Clinical Trainer - Ulex - Spain Dec 2018
Training a global cohort of activists in self-care, resiliency & nervous system regulation.

Mindful Child-Protection Program Lead - Caritas Austria - Ukraine, Romania & Moldova Jan 2017 - Jun 2019
Project engineering & supervising a team of trainers in a 2.5-year community-based child-protection training.

Trauma Clinical Trainer - Organic Intelligence Training Institute - Turkey & Switzerland Oct 2016 - Sep 2019
Lead European faculty teaching 400h professional clinical trauma healing trainings for individuals & groups.

Visiting Lecturer - Trinity College University, Dublin - Ireland Sep 2016 - Jun 2019
Teaching Mindful Leadership (resilience, socio-emotional skills & somatic decision-making) for MBA candidates.

Somatic Experiencing Assistant - Ireland Somatic Experiencing - Belfast, Ireland Sep 2015 - Feb 2017
Assisting SE faculty in 3-year SE training & giving individual SE sessions

Trauma Counselling Trainer - International Medical Corps - Kabul, Afghanistan Jan - Apr 2015
Self-care systems, 1:1 & group therapy capacity-building for Kabul MH hospital psychiatrists & psychologists.

Expert Reviewer - World Health Organisation - Switzerland Sep - Oct 2014
Self-help Mindful Psychological First Aid protocol development & evaluation for humanitarian emergencies.

Mental Health & Psychosocial Support (MHPSS) Trainer - InterSOS - Myanmar May - Oct 2014
Training of Trainers for psychologists working in IDP camps for assessments, intervention & impact evaluation.

Staff Welfare Trainer - United Nations OCHA - Geneva, Switzerland Apr 2014 - Aug 2014
Mindful self-care & burnout prevention training presentations for UNOCHA field officers and psychologists.

Project Lead, Trainer & Researcher - AHEAD - Afghanistan Nov 2013 - Apr 2015
AHEAD: Afghanistan Health & Education for Autonomous Development - Psychosocial Training of Trainers.

Assistant Educator - Fondation Officielle de la Jeunesse - Switzerland Apr 2013 - Aug 2013
Infant caretaking with educational and emotional accompaniment in emergency shelter.

Counsellor - La Main Tendue (24H/7 Emergency Response Service) - Switzerland Sep 2009 - Jun 2016
Active listening, counselling & follow-up of diverse crisis situations (25 hrs monthly).

Care Assistant - Onex Socio-Medical Center (SMC) - Switzerland Jul 2007 - Sep 2007
Physical and emotional support for geriatric patients with various physical and mental disabilities.

COMPLEMENTARY TRAINING (RECENT)

Mindfulness-Based Cognitive Therapy (MBCT-MBSR) Training – Bangor/Oxford University - UK 2012 - Present
Multi-year experiential Teacher-Training Pathway & supervision for MBSR-MBCT protocols.

Mindfulness Retreats - Insight Meditation Society (USA), Gaia House (UK), Shwe-oo (Myanmar) 2006 - Present
Over 7 years of compounded cross-cultural silent retreat experience, also as a temp. ordained Buddhist monk.

Mentalization: From Theory to Clinical Practice - University of Geneva - Online 2022
6-week clinical intervention training combining psychodynamics, mindfulness, theory of mind & compassion.

Buddhist Meditation Teacher Training - Bodhi College - UK 2022
4-year experiential Teacher-Training Pathway and supervision to lead Buddhist meditation retreats & courses.

Theatre of the Oppressed - Théâtre de l'Opprimé & Haute Ecole de Travail Social - France & Switz. 2019-21
Participatory theatrical training including somatic, systemic & structural dynamics with humor & playfulness.

Group Psychotherapy Supervision - Private sessions with Prof. Irvin Yalom - Online 2018-2019
Personal clinical case consultations & study with author & world-renowned group psychotherapy expert.

Specific Affect Coding System (SPAFF) - University of Geneva - Switzerland 2018-2020
80-hour multimodal training to code multicultural affective responses in dyadic conversation.

Facial Action Coding System (FACS) - Paul Ekman Institute - USA 2015
1-year experiential modules to identifying emotional non-verbal cues & facial expressions.

CONFERENCES (RECENT)

Relational Alliance-Building through Somatic Attunement - US Ass. for Body Psych. (USABP) - Online 2023

Contemplation - Geneva Bar Association - Switzerland 2023

Meditation & Action - Swiss Lawyers' Federation Annual Conference - Switzerland 2023

Somatic Embodiment in Group Psychotherapy - American Group Psychotherapy Ass. (AGPA) - Online 2023

Somatics in Group Psychotherapy - US Ass. for Body Psych. (USABP) - Online 2022

Social Somatics: Group Psychotherapy as Collective Embodiment - Somatic Experiencing Int. - Online 2021

From Neurons to Nations: Regulation for the Benefit of All Beings - Psych Live Podcast - Online 2021

Evolutionary Clinical Science for Integrative Mental Health Care - Koç University - Online 2021

Systemic Somatics for Individuals, Groups & Communities - US Ass. for Body Psych. (USABP) - Online 2021

How to Strengthen Your Nervous System & Build Resilience - US Ass. for Body Psych. (USABP) - Online 2020

Trauma & Community-Building Processes - Helena Walsh Studios - Ireland 2019

Meditation & Mediation - Swiss Chamber for Commercial Mediation - Switzerland 2018

Compassion for Conflict Resolution - Univ. of Geneva Compassion & Conflict Lab - Switzerland 2018

Trauma First Aid in Emergency Response - Geneva Police Psychological Response Unit - Switzerland 2017

Burnout Prevention - Geneva University Hospital (HUG) - Switzerland 2016

KEY SKILLS

Leader & Innovator: Natural born leader and entrepreneur while promoting team creativity by building trust. Openness to multi-cultural working environments with an emphasis on compassionate relationship building.

Experienced Entrepreneur & Project Manager: Determination, delegating responsibility with a participative approach, timely completion of expected objectives, systematic & thorough impact evaluations.

Proficient Communicator: French & English: mother tongues; German, Portuguese & Thai: intermediate.

PROFESSIONAL AFFILIATIONS

Féd. Suisse des Psych. (FSP) - American Group Psych. Ass. (AGPA) - United States Ass. For Body Psycho (USABP)